

# LET'S BE FRIENDS!

## Follow-up Discussion and Activities Guide

1. What were your favorite parts of the assembly?
2. What are the four words that make us healers? (Help, Empathy, Adapt, Love)
3. Who in the program showed us how to be helpers?
4. Can anyone tell us about a way you helped someone, and how that felt?
5. Who in the program showed us how important empathy is?
6. Who can share a story about a time you really could feel someone else hurting? What did you do?
7. Who in the program showed us how to adapt?
8. Can you think of some ways you have had to adapt, so that you could do something that seemed really hard at first? How did it make you feel when you finally did it?
9. Who in the program showed us what love can do for others? (There were two examples—the sister and the friend.)
10. What are some ways we can use love to help heal others who are hurting?

Suggested activity:

The students can make the acrostic and draw something that illustrates the word as it was illustrated in the program (Monkeys as helpers, etc), or they can come up with an illustration of their own for each word.

An alternative approach would be one large acrostic, and one fourth of the class can illustrate each word.

The following is a brief reminder of the content:

Help

Amazing monkeys are trained to use their hands to help people!

Empathy

A boy who was bullied helps others learn empathy!

Adapt

A boy with no hands finds a way to play the trumpet!

Love

The sister of a boy in a wheelchair helps to make sure that kids who love the Special Olympics get to compete, and the friend of a boy with a rare disease writes a book to raise a million dollars for research to find a treatment or cure!

You may want to connect the message to a service project your kids are already working on, or you may want to get involved with one of the projects in the program:

[www.monkeyhelpers.org/](http://www.monkeyhelpers.org/)

[www.jaylenschallenge.org/](http://www.jaylenschallenge.org/)

<https://www.giveforward.com/fundraiser/qnh>

[chocolatebarbook.com/](http://chocolatebarbook.com/)