

# Live Long & Prosper

## DISCUSSION

**For use in classrooms as soon as possible after the assembly program.**

Allow 15-20 minutes to discuss the following questions:

1. What do you think was best in the assembly program? Why?
2. The last song in the program, "Do it Anyway", focused mostly on risks worth taking. What are some risks in life worth taking? Why?
3. That song also said there are some times we make choices we know are not right. What are some risks not worth taking? Why?
4. What is the number one threat to a long life for teens? (Traffic accidents) What is the number three threat? (Suicide) The other threat that was mentioned is substance abuse. How does substance abuse often play a factor in the other two? (Discuss)
5. The program listed some "Internet Nevers". Let's make our own list, and try to put them in order of importance according to real dangers you've seen or experienced. (Make sure they talk about what they've seen and/or experienced as you go.)
6. What are some things we can do to look out for classmates who may need our help?  
(That is, kids who are bullied, depressed, and substance abusers)
7. What was the concept of being "prosperous" that was promoted in the program, and what do you think of that? (To prosper is to succeed in your efforts)  
So, can we prosper by becoming rich and famous? (Yes)  
Can we prosper without becoming rich or famous? (Yes)  
So, how can we focus in on what we should do differently from what people often do?  
(Draw out the idea that the goals are a big part of what makes a difference.)

**Continued...**

## Closing thought:

*If your primary goal is to be rich or famous, you will likely cause more harm than good in pursuit of that goal.*

*If your goal is to succeed in things that also help others experience good things, you can use anything good (like the football players used their influence) or bad (like the terrible accident that made Thomas Jordan a “bi-lateral below-the-knee amputee”) to make a big difference for yourself and others.*

## Websites you may want to check out:

HYPERLINK "http://www.JordanThomasFoundation.org"

[www.JordanThomasFoundation.org](http://www.JordanThomasFoundation.org)

HYPERLINK "http://safesurfin.org/" <http://safesurfin.org/>

HYPERLINK "http://www.murphysisters.org" [www.murphysisters.org](http://www.murphysisters.org)

HYPERLINK "http://www.3screens.com" [www.3screens.com](http://www.3screens.com)

## Songs and artists you may want to download:

TV on the Radio

Consciousness+

Gorillaz

Flyleaf

Explosions in the Sky

The Aquabats!

Foo Fighters

Franz Ferdinand

The Presidents of the United States of America

Sara Bareilles

The Postal Service

Ben Folds Five

%Caffeinated

%Glitter Freeze+

%Something Better+

%Greet Death+

%Roppinga Wheelie!+

%Should Have Known+

%Right Action+

%Love Everybody+

%Brave+

%Turn Around+

%Do it Anyway+