

Me @ My Best

A fish is at its best when...

A horse is at its best when...

Anyone could finish those sentences, but what about this one?

I am at my best when...

There are many good ideas that come from one **big** idea.

The one big idea:

I am at my best when...I get that it's not all about me!

Real kids who have grasped this concept and made an impact will inspire your students to do the same:

- A brother and sister in Montana help protect loon nesting habitat
- The sister of a spine-injured teen who surfs shows how to have fun while helping others
- A girl whose house burned down comes up with a way to cheer up other kids who lose all their things in fires or floods
- A boy who wins his battle with leukemia helps save the lives of others who need bone marrow donors
- A boy with a birthmark on his face helps teach other kids about what is really important about each person

Fun movie clips and great music will draw your kids into this fast-paced program!

Topics addressed: Bullying; the power of kindness; the importance of a healthy lifestyle; why tobacco, drugs and alcohol have no place in your life; learning how to use your challenges to help others

Want to know more? Call 1-888-229-4927

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